



Lunch Menu

New World CDC, Sunnyvale

November 2021

11/1 Mon	星期一	星期二	星期三	星期四	星期五
第一周 10/31	红烧排骨,炒时菜 Braised Rib, Vegi	番茄,菠菜炒蛋 Tomato, Spinach, Egg	海鮮油豆腐 Seafood, Tofu	紅燒獅子頭 Chinese Style Meat Ball, Vegi	Macaroni & Cheese
第二周 11/7	红烧肉, 炒时菜 Braised Pork, Veg	椒鹽鱼片,炒时菜 Salt & Pepper Fish, Veg	絲瓜 豆腐鸡 Squash Tofu Chicken	Veteran's Day Center CLOSED	Pizza
第三周 11/14	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	肉燥香菇,卤蛋, 炒时菜 Braised Pork, Egg, Mushroom	家常豆腐 Homemade Tofu	红烧排骨,炒时 菜 Braised Rib, Vegi	Chicken Tender
第四周 11/21	海鮮油豆腐 Seafood, Tofu	絲瓜 豆腐鸡 Squash Tofu Chicken	紅燒獅子頭 Chinese Style Meat Ball, Vegi	Thanksgiving Center CLOSED	Thanksgiving Center CLOSED
第五周 11/28	椒鹽鱼片,炒时菜 Salt & Pepper Fish, Veg	红烧肉, 炒时菜 Braised Pork, Veg			

Catering by Shanghai Family Restaurant, Cupertino

MENU SUBJECT TO CHANGE

*Fat-free or 1% milk and fruit are included in every meal and most time with rice.

*\$5 dollars per meal.

Nov 2021	星期一	星期二	星期三	星期四	星期五
第一周	1	2	3	4	5
第二周	8	9	10	11	12
第三周	15	16	17	18	19
第四周	22	23	24	25	26
第五周	29	30			

*Please Circle the date you order lunch

*Orders are to be placed no later than the Thursday before the end of the month.

Room Name _____ Total _____ x\$5 : _____ Date: _____