

New World CDC

Snack and Lunch Menu Jan 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
Am- cereal*fruit*milk Lunch- fish*potatos* Pm-yogurt*crackers	Am-mini bagel*milk Lunch- fry rice* Pm-carrots*goldfish	Am-waffle*fruit*milk Lunch- baked chicken Pm-applesauce*crackers	Am-toast*fruit*milk Lunch- pizza* Pm- raisins*grahams	Am-muffin*fruit*milk Lunch- meat ball*pasta Pm- cheese*crackers		
8	9	10	11	12	13	14
Am-muffin*fruit*milk Lunch- curry rice* Pm- raisins*grahams	Am-toast*fruit*milk Lunch- dumplins*fruit Pm- cheese*crackers	Am-cereal*fruit*milk Lunch- Mac' cheese Pm- carrots*goldfish	Am- mini bagel*milk Lunch- Chicken nuggets Pm-applesauce*crackers	Am-waffle*fruit*milk Lunch- cheese sandwich Pm- yogurt*crackers		
15	16	17	18	19	20	21
Am-toast*fruit*milk Lunch- baked chicken Pm- cheese*crackers	Am-waffle*fruit*milk Lunch- pizza* Pm- yogurt*crackers	Am-mini bagel*milk Lunch- fish*potatos* Pm- raisins*grahams	Am-muffin*fruit*milk Lunch- meat ball*pasta Pm- carrots*goldfish	Am-cereal*fruit*milk Lunch- fry rice* Pm-applesauce*crackers		
22	23	24	25	26	27	28
Am-mini bagel*milk Lunch- spaghetti* Pm-carrots*goldfish	Am-muffin*fruit*milk Lunch- Chicken nuggets Pm- raisins*grahams	Am-toast*fruit*milk Lunch- tuna sandwich Pm-applesauce*crackers	Am-waffle*fruit*milk Lunch- dumplins Pm-yogurt*crackers	Am-cereal*fruit*milk Lunch- Mac' cheese Pm- cheese*crackers		
29	30	31				
Am-waffle*fruit*milk Lunch- meat ball*pasta Pm- raisins*grahams	Am- cereal*fruit*milk Lunch- baked chicken Pm- cheese*crackers					
				* Lunch always with milk and Fruit		