



# New World CDC

## Snack Menu 2020 October



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
		We serve milk for <b>morning snack...</b> <b>1% or Fat Free</b>		Am—waffles * fruit Pm- goldfish*applesauce	Am—oatmeal * fruit Pm- crackers*carrots	
4	5	6	7	8	9	10
	Am—yogurt & granola Pm- raisins*grahams	Am—oatmeal * fruit Pm- crackers*carrots	Am—waffles * fruit Pm- goldfish*applesauce	Am—cereal * fruit Pm-pretzels*cheese	Am—rolls * fruit Pm-cranberry*wheat thins	
11	12	13	14	15	16	17
	Am—oatmeal * fruit Pm-crackers*carrots	Am—waffles * fruit Pm-goldfish * applesauce	Am—cereal * fruit Pm-pretzels*cheese	Am—rolls * fruit Pm-cranberry*wheat thin	Am—yogurt & granola Pm- raisins*grahams	
18	19	20	21	22	23	24
	Am—cereal * fruit Pm-pretzels*cheese	Am—yogurt & granola Pm- raisins*grahams	Am—rolls * fruit Pm-cranberry*wheat thin	Am—oatmeal * fruit Pm- crackers*carrots	Am—waffles * fruit Pm- goldfish*applesauce	
25	26	27	28	29	30	31
	Am—waffles * fruit Pm-goldfish * applesauce	Am—rolls * fruit Pm-cranberry*wheat thin	Am—oatmeal * fruit Pm-crackers*carrots	Am—yogurt & granola Pm- raisins*grahams	Am—cereal * fruit Pm-pretzels*cheese	